# **WSASEA Fall Town Meeting**

November 4, 2011

9am-10am: Arrival and Networking

10-10:25: Call to order; housekeeping; Ice Breaker (Would you Rather)

10:25: Business Meeting

## **WSASEA General Business Meeting**

Meeting called to order by Ryan Keith at 10:27

#### **Treasurer Minutes:**

Kamara passed out the Treasurer's report and reviewed current budget, including the 2011 Spring conference. Kamara also passed out the official treasurer's report for the time period July 31 though October 31. There were no questions or discussion regarding these reports. Gayle moved to accept treasurer as presented, Seconded by Lauren – no discussion, approved as presented.

## **Secretary Minutes:**

Caryn presented the meeting minutes taken at the Spring Conference Business Meeting. There were no questions or discussion points. Victoria Hill moved to accept, Diana seconded. Minutes were accepted.

### **Old Business:**

None

## **New Business:**

None

Meeting adjourned at 10:42.

11am-11:45: Higher Education Coordinating Board Update

Jeffrey Powell presented to the group:

- Angeleena Fewell has joined the staff as a Program Coordinator
- A Legislative Steering Committee is currently holding meetings with consultants to discuss the
  role of the coordinating board and where financial aid fits. The committee will present final
  recommendations by December 1.
- Budget outlook: Governor's initial budget proposal indicated her preference to suspend SWS funding for 12=13.
- Special Session to address the budget begins November 28.

- Current SWS expenditures are behind historical rates Jeffrey asked for feedback from the
  group. Lack of Summer Work Study affected many schools, started spending their allocation fall
  quarter/semester instead of July 1 for their summer programs.
- The membership was reminded on new match rates and policy changes.
- The new HECB website is up and running.

11:45-12:45: Lunch

## 12:45-1:40: Taming the Stress Monster by Susan Lonborg

- What is stress? Biochemical, Physiological, Cognitive, Behavioral
- Major Sources: WORK, Family, Health, Economic, Environmental
- Coping approaches: Problem-focused and Emotion-focused
- Be proactive for reducing sources of stress and alter your typical ways of coping
- Am I doing the best that I can? (all things considered?)

1:4-1:45: Break

### 1:45-3pm: Roundtable Discussion

- Discussion of background checks, YVC does a background check for all student employees, most other schools only do the checks for students who have access to vulernable people, labs, etc.
- Discussion surrounding the new SWS policy that student can onlyl work 19 hours over break periods, many schools requested that be revisited by the HECB. May students like to work more over breaks, makeup for hours lost during the quarter due to illness, academic etc. The membership shared with Jeff the awards aren't necessarily increased to accommodate 40 hours work weeks during the break, so the goal to reach more students with limited fnding would not apply in this situation. Some campus offices/lobbys will be short staffed over break due to this new restriction. Jeffrey stated he would bring the concerns back to the HECB for further discussion.